

Middle School Spartan Swimmers:

Our Season is about to begin, so here are a few guidelines about the program:

1. The first day of practice is **Oct. 15th, 2019**. Practices are at the Cobb Aquatic Center and please report to the Diving Well.
2. Please have a copy of the sports physical ready to turn in to Coach Laird for Girls or Coach Tolbert for boys.
3. For payment please provide a check as neither Coach will accept cash.
4. Practice is from 5:30-6:30, which will include dryland depending on numbers.
5. Our schedule is available on the Middle School Tab on www.campbellswimdive.com.
6. The dates for our Meets are set, however we are finalizing the locations (West Cobb or Mt. View).
7. Year Round (Club Swimmers) need to attend the first practice **ONLY**.
8. **REMINDER- this is not swim lessons! This is designed for experienced athletes who have swam competitively in the past!**

Costs – \$125 for swimmers practicing with the Coach, \$75 for those practicing with their year round team. Costs cover practice and meet fees, swim cap, and t-shirt. Please make checks out to: [Campbell Swim and Dive Booster Club](#)